Home Visiting for Healthy Aging: An Interprofessional Community-Based Initiative

2017 Future of Nursing Annual Summit

Tobie H. Olsan, PhD, RN, CNL, NEA-BC, FNAP
Professor of Clinical Nursing
Acknowledgements

• Sponsor
  • National Center for Interprofessional Practice and Education (National Center)

• Supporters
  • Robert Wood Johnson Foundation
  • The John A. Hartford Foundation
  • Josiah Macy Jr. Foundation
  • Gordon and Betty Moore Foundation

• Project Partners
  • University of Rochester (UR) School of Nursing
  • UR School of Medicine and Dentistry
  • The College at Brockport, State University of New York
  • Lifespan (Aging Services Agency, Rochester, NY)
Learning Objectives

By the end of this session, participants will be able to:

• Explain the National Center’s support for the state action coalitions

• Relate the importance of an interprofessional team approach to assessing older adults’ emotional well-being

• Discuss challenges and strategies for preparing interprofessional teams to integrate emotional health and primary care for homebound older adults
National Center & State Action Coalition

IOM Future of Nursing Report (2011, 2016)

Accelerate Interprofessional Community-Based Education and Practice

- Graduate health profession
- Community organization partner
- PI, nursing faculty member
- Address social determinants of health
- Build upon and partner to advance IPE with State Action Coalitions
Background – The Future is Now

• Older adults, 65 years and older
  • 2 million homebound
  • 5 million have difficulty leaving home, without help
  • 7.5 million face mental health problems, by 2030, 15 million

• Workforce
  • Insufficient number of APRNs, physicians, and social workers prepared in geriatric psychiatry
  • 12% of homebound older adults receive primary care at home
  • Limited community-based team care, poor communication and integration of services

**Need innovative team strategies to provide primary and mental health care for older adults**

Home Visiting for Healthy Aging Initiative

- Home visit to conduct an integrated health screening
- **Interprofessional team** - NP students, MD students, Community Social Workers
- **Interprofessional faculty mentorship** - experts in aging, emotional health, and interprofessional team collaboration
- **Technology-enhanced learning**: iPads, Black Board, Zoom, and Box for secure file sharing
- **Mixed-method evaluation** of the project, including several short online surveys

**Home Visit Activity**

40 teams, 4-week clerkship cycle
Lifespan clients, homebound older adults with emotional health issues
Feedback loop to client’s primary care provider
Learning Activities

1) Online modules
   - Older adult emotional health and wellness
   - Anatomy of a home visit
   - Why community-based teams matter

2) Home Visit - SW, NP student, MD student

3) Write-Up – NP student, MD student

4) Follow-Up with Team Members

5) Small Group Debriefing
   - Clinical
   - Team
What Can be Learned from One Home Visit?

• Sharpen observation skills
• Communication and more personal connection with an older adult in their home
• Information gathering and screening as a friendly conversation
• Taking time to hear an older adult’s story
• See first hand the challenges older adults face living the in community
• Art and science of caring for older adults with multiple complex chronic illnesses (patience, empathy) (Kaiser, 2017; Olsan et al, 2017)
Challenges – Interprofessional Community Based Teams

• Identifying stakeholders, shared interests, and opportunities
• Organizational leadership support
• Learning about each other
  • Mission, values, norms, workplace culture, competing priorities
• Tensions and synergies between education and practice
• Committing time, resources, energy
• Scheduling, work hours, academic calendars, meetings, home visits
• Contracts
Strategies for Successful Community-Based Team Collaboration

Guiding Theme:
Embrace and find ways to simplify complexity

- Willing, committed, dedicated, trusted partners
- Shared problems, desire to improve, clear purpose
- Work across professional and organizational silos
- Complementary skills
- Time together for designing, doing, & assessment
- Learning about and from each other each other
- Focus on collective effort
- Mutual accountability
- Coordination and flexibility
- Open communication, authentic feedback
Contact Information

Tobie Olsan

585-275-5828

Tobie_Olsan@urmc.rochester.edu